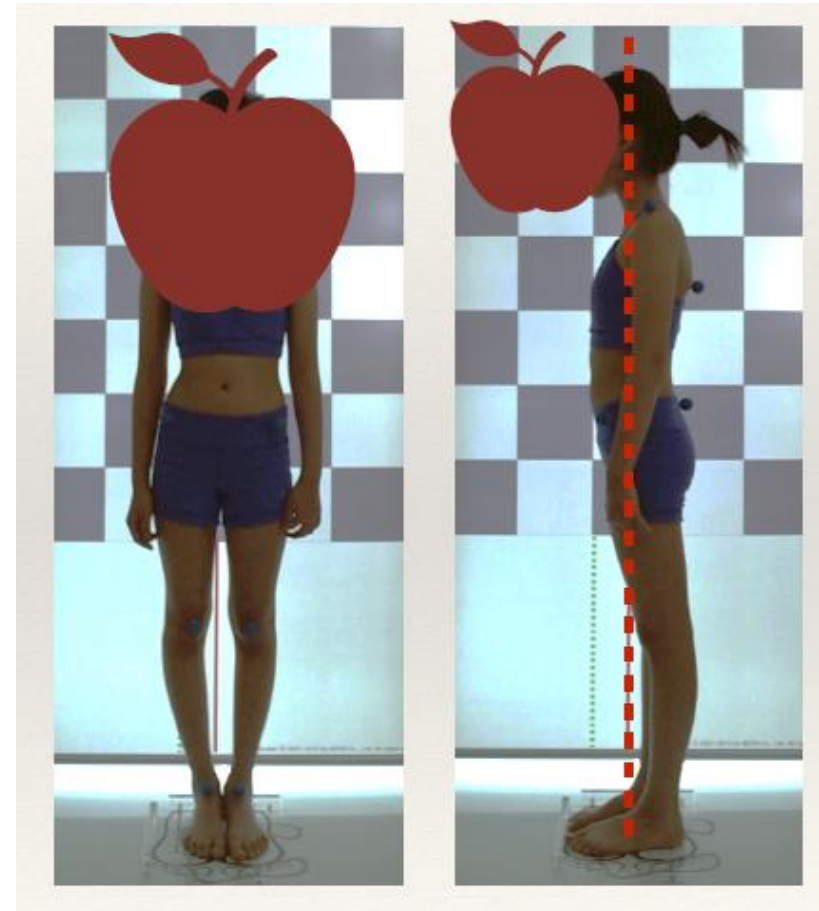


## \*\* 체형분석

- 측정도구 : 체형분석장비(대여예정)
- 측정자세 : 앞(Frontal), 좌측면(Sagittal)



# \*\* 관절가동범위 측정 Range of Motion(하지)

측정관절 및 동작

- Hip joint
  - Flexion (SLR) test
  - Extention (Thomas) test
  - Abduction
  - Internal rotation
  - External rotation

- Knee joint
  - Internal rotation
  - External rotation

- Ankle joint
  - Dorsiflexion
  - Plantar flexion
  - Inversion
  - Eversion



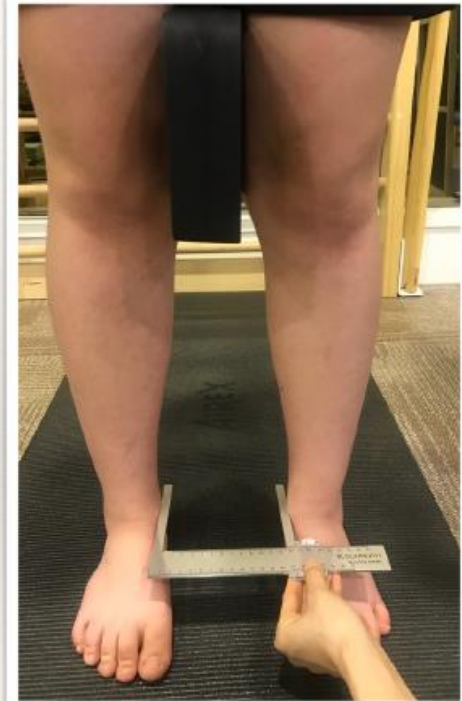
Joint	Action	Left			Right		
 Hip	FLEX. (SLR)	● <70	● 70~90	● >90	● <70	● 70~90	● >90
	EXT. (Thomas)	+ ● TFL	● IP	● RF -	+ ● TFL	● IP	● RF -
	ABD.	● <40	● 40~45	● >45	● <40	● 40~45	● >45
	IR.	● <40	● 40~45	● >45	● <40	● 40~45	● >45
	ER.	● <40	● 40~45	● >45	● <40	● 40~45	● >45
 Knee	IR.	● <30	● 30~35	● >35	● <30	● 30~35	● >35
	ER.	● <20	● 20~25	● >25	● <20	● 20~25	● >25
 Ankle	DF.	● <10	● 10~15	● >15	● <10	● 10~15	● >15
	PF.	● <50	● 50~55	● >55	● <50	● 50~55	● >55
	IV.	● <30	● 30~35	● >35	● <30	● 30~35	● >35
	EV.	● <10	● 10~15	● >15	● <10	● 10~15	● >15

## \*\* 흰다리 측정 Bowleg Measurement

- 측정도구 : 케이슈로스 자체개발 Bowleg meter
- 측정자세 : Bow leg or Knock knee



bow leg



knock knee